

[CBE ID 5320] Percentage of Chronic Hyperphosphatemia in Dialysis Patients

[Percentage of adult dialysis patients with a rolling average phosphorus value greater than or equal to 6.5 mg/dL and pediatric dialysis patients with a rolling average phosphorus value greater than or equal to 7.0 mg/dL]

Inputs	Activities	Outputs	Outcomes	Impacts
<ul style="list-style-type: none"> Clinical guidelines (e.g., KDIGO MBD, CMS Conditions for Coverage) Dialysis center staff (nephrologists, nurses, dietitians, social workers) EHR systems and data analytics tools Quality improvement team Patient engagement resources (e.g., education materials, peer mentors) 	<ul style="list-style-type: none"> Regular measurement of serum phosphorus to identify patients with chronically elevated levels Dietary Counseling: educate patients on nutritional strategies to lower phosphorus. Use of phosphate binding medications and monitoring for adherence, side effects, pill burden. Optimize dialysis adequate to improve phosphorus clearance. Conduct monthly case reviews for patients with chronically elevated phosphorus. 	<ul style="list-style-type: none"> Number of patients receiving dietary counseling Number of patients with elevated phosphorus who are prescribed phosphate binders Adherence data with pharmacy refills Quality dashboards showing hyperphosphatemia prevalence trends Monthly case review summaries Documentation of patient decisions/preferences 	<p>Short-Term:</p> <ul style="list-style-type: none"> Increased awareness among patients of phosphorus control. Improved adherence with phosphate binders and nutrition plan. Enhanced coordination among multidisciplinary team <p>Long-Term:</p> <ul style="list-style-type: none"> Reduction in percentage of patients with chronic hyperphosphatemia Enhanced patient satisfaction and engagement in care planning 	<ul style="list-style-type: none"> Decreased rates of cardiovascular events Improvement in hospitalizations, bone fracture, and death Reduced healthcare costs. Improved patient quality of life

Feedback Mechanisms
<ul style="list-style-type: none"> Monthly performance reports to quality improvement team. Root cause analysis for persistent elevated phosphorus (patient choice, forgetting to take binders, unable to adhere to nutritional advice, etc.) Benchmarking against other facilities using dialysis organization data or through Dialysis Facility Reports (state, regional, national comparisons)
Assumptions
<ul style="list-style-type: none"> With appropriate education, patients are willing and able to follow a low phosphorus diet Patients have access to phosphate binding medications.
External Factors

- Food environment and access to low-phosphate options (i.e., food desert)
- Health literacy of patients and socioeconomic status to read food labels and afford health alternatives to processed foods.
- Insurance coverage and cost of phosphate binders
- Changes in clinical guidelines (e.g., KDIGO) or CMS Policy (Quality Incentive Program)